



*“You cannot take your health for granted. You should do the best to maintain it as that in itself can be your first invaluable contribution to the environment and a silent inspiration to others.”*



# Srinivas Arka

Philosopher, Author & Sanskrit Scholar, Pioneer of Arka Dhyana Intuitive Meditation system, Founder of Arka Foundation India and Centre for Conscious Awareness (CCA) worldwide

*is invited as a*

## Guest of Honour

*at the INAUGURAL CELEBRATION of*

# WORLD HEALTH DAY

## Swasthya - 2022

**Date: 21 April 2022**      **Time: 11:00 AM**

**Venue: Vignyana Bhavana, IOE, Mysore, Karnataka, India**

### Inauguration

### President

### Chief Guest

Prof. G. Hemantha Kumar

Prof. B. N. Yashodha

Dr. A. S. Chandrashekar

Vice-Chancellor  
Mysore University

Principal, Yuvaraja College  
Mysore

Ayurveda Doctor  
Rajyotsava Award winner

### Organisers

Govt. of Karnataka

Ayush Department, Govt.  
of Karnataka

Govt. Ayurveda Research  
Centre, Mysore

Food & Nutrition Dept.  
Yuvaraja College, Mysore

University of Mysore

Arogya Bharathi Mysore

[www.srinivasarka.org](http://www.srinivasarka.org)  
[www.arkafoundationindia.org](http://www.arkafoundationindia.org)



SrinivasArkaOfficial



SrinivasArkaOfficial



SrinivasArka